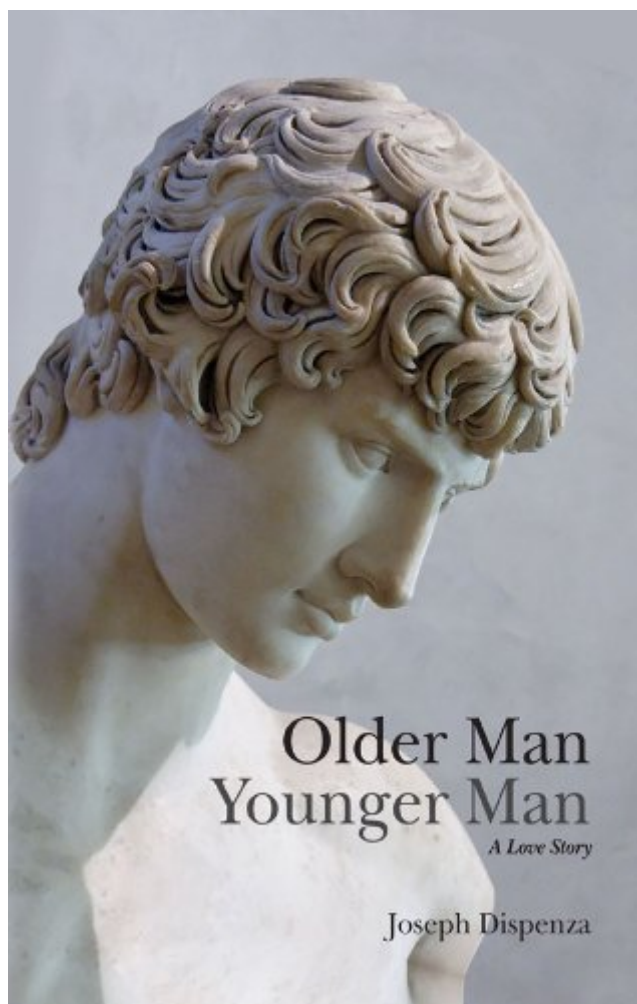


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# Older Man Younger Man



## Synopsis

"Older Man/Younger Man" is a memoir of the relationship between a middle-aged man and a man thirty years his junior, from their first meeting, through the challenges of living together across a wide age-gap, to a climactic confession of shame and regret, the terror of loss from a life-threatening disease - and, ultimately, the triumph of love. This is a passionate, bittersweet story of a powerful love that transcends gender, bridges generations, defies convention, and brings to the partners the richness of spiritual fulfillment. The relationship between an older man and a younger man is one of the last taboos left in our culture's sexual closet. "Older Man/Younger Man" is the first book to address an inter-generational gay male relationship as a path of spiritual redemption. What makes this book unique and special is its presentation of the pairing between an older man and a much younger man as a healthy, successful relationship and as a spiritual journey.

## Book Information

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## Customer Reviews

Older Man Younger Man was a free download from .It is a journey on its own, it's a mix of philosophy, spiritual search, religion, sexual identity.I have to be honest and say that I skipped parts, at points was slow but always very insightful.I marked as non-fiction, the author speaks of his life, as a healer and as a spiritual advisor.After I finished reading the book I went searching for the Life Path

website. The book is about the Older Man, Joseph who falls in love with a Younger Man, Mike; almost 30 years his junior. The book tells the story of their relationship and the ups and downs they go through over those 10 years together. Joseph coming out, facing the fact that he is in a relationship that it is socially unacceptable, not just because of the same sex but because of the age difference. Illness, both Joseph and Mike suffer and how they make them stronger as individuals and as a couple. Challenges, changes in life, fears. Everything they face in their day to day as they embark on their new life as healers and spiritual advisors in Mexico. I don't know if the book is propaganda for the Life Path retreat house, it doesn't feel that way. But like I said the first thing I did was check out the website. It just felt like I wanted to go and visit, experience that peace. I had no idea the work was about the author's real life and experiences, and that makes it all the more interesting.

"Older man/Younger Man, a love story" is authentic and real. It is a heroic story of one man's struggle to slay his dragons of shame and fear in order to find his authentic self. Joseph Dispenza is a warrior of love, devotion and honesty. His memoir makes a tremendous contribution to our understanding of the meaning of love and commitment in the search for true intimacy, which is the foundation of both sexuality and spirituality. I highly recommend this book to all who long for the freedom to be both honest and intimate in relationships. James L. Helmuth, Ph.D. Psychologist

I loved this book. It was raw and honest and revealing. It gave me courage to be more open and honest in my own relationships. The depth and joys of love shown by the author as the reward make it so well worth it. I cried sentimental tears and laughed at silly things. I experienced a whole range of emotions while reading this book. It truly is a love story through and through. I highly recommend this book. Just be prepared to have a chunk of time to set aside because once you start, you won't want to put it down.

Courageous. Honest. Revealing. Beautifully crafted. Poetic. This is an extraordinary memoir of love between two men, and the hopes, dreams, struggles, and triumphs they encounter on their journey. It is also a universal story of the kind of love that can survive, transform, and transcend the bounds of our limited physical existence. The scene with the author and his dying brother is poignant and moving; the pacing is quick and mesmerizing; the descriptive passages of Santa Fe near the end are exquisite. Full of wisdom, wonder, and insight, this book will change the way you look at love and life. I recommend it highly.

I was blessed to notice this book when it was offered for free or I might have missed it. It is a lovely autobiography of a love story/spiritual journey/healing journey that is possible because of the author's great love for a man thirty years his junior. A love that is clearly so right for the pair involved. Few are blessed with the kind of love that the author and his mate experience or at least few are able to articulate their feelings in a way that is so accessible and palpable. It is written in a most lyrical manner. Thank you for the gift of your words, Mr. Dispenza.

Joseph Dispenza has penned a masterpiece in writing *Older Man Younger Man*. It is an inspiration to read in both the spiritual sense and in how it depicts love, true, unselfish, unadulterated love, can and does still exist. At times it was hard for me to make myself believe that this heartwarming tale was a memoir-that it is real. Normally when I read a work that embodies true love, self-sacrifice, over coming obstacles to form an even deeper relationship between two people, it is fictional. Having become jaded due to life circumstances, I was revived and felt a sense of renewed hope each time I would pull myself back to reality and knowing that this love story was and is real. The spiritual element furthered my renewal of hope and encouraged and prompted me to pursue a deeper spiritual awareness and to integrate it into my daily life- something I've not done for far too long. It is difficult for me to fully express the freedom, hope, peace, and call to action I gained from Joseph and Mike and their journey and their love for each other, which transcends not only age difference but many other societally imposed 'norms' that only serve as barriers from finding true love, experiencing true sense of self and the denial of one's self in order to fully live a life of compassion, caring and love. I am now reading *God on Your Own*. I expect it to be just as wonderfully written and moving as was *Older Man Younger Man*. Joseph Dispenza is a masterful author, teacher and source of inspiration. Joseph and Mike- thank you for sharing yourselves, your love and your story with those of us who need hope. I feel indebted to you for how your story has so quickly and meaningfully impacted my life. I extend to you both my highest personal regards and best wishes. You are two people whom it would be an honor to know and from whom to learn. R. Sanders

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